

**PRESS RELEASE**

**10/05/10**

**Talented Student Chef Selected for Scottish Cook-Off Final**

Sarah Jeffrey has been selected to compete in the final cook off for the ScottishPower Apprentice Chef Challenge on the 13 May 2010 at Braehead Cook School. Borders College catering student Sarah is one of five finalists competing for the overall title.

The competition seeks to find Scotland's up and coming chef talent and the winner will have the opportunity to win a paid six-month apprenticeship with Malmaison/Hotel du Vin in Edinburgh and perform at Taste of Edinburgh 2010 where they will cook on the main festival's stage alongside professionals such as Nick Nairn and Jean-Christophe Novelli.

Sarah said

"This is a great opportunity for me to showcase my chef skills, winning this competition would give me the chance to be trained and supported by the very best in the industry".

The chefs are asked to prepare two seasonal Scottish recipes including one main course and one dessert, Sarah has chosen Woodpigeon, Red Cabbage and Black Pudding with an Asparagus and Wild Garlic Puree and a Red Wine Sauce followed by A trio of Rhubarb (of Creme Brulee, roasted rhubarb and rhubarb jelly). Sarah and the dishes will be judged by Kevin McGillivray, Present of The Federation of Chefs Scotland, Marie-Claire James Festival Director, Susan Deacon advisor to ScottishPower and Stephen Jardine from STV's The Hour Show.

**Ends**

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